



LOCAL ACTIVITIES/WORKSHOPS

VALENTIN ANGHEL

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Country: *Romania*

Name of the activity: *outdoor as a tool for group development*

Responsible person(s) of the workshop: *anghel valentin*

Venue of the activitie(s): *Cernica Forest, near Bucharest*

Brief summary of the activities

1. *Trust Walk Activity - We blindfolded one of the participants and another lead him to pass the obstacles met in his way.*

2. *Team Cooperation -, Tug of war,, - the victory was not the goal, but the cooperation between the team members. The purpose was not to brake rip the bondage, but to conquer the adverse party`s territory.*

3. *Group hands game. - act fast/think fast/ strategy/ reactions.*

4. *Small Debriefing/Discussion about overall activities.*

5. *Short hiking back through the park/forest.*

Possible partnerships with other organizations/persons): *it was a self led project*

Target group of the activity: *close friends, with age between 23-28 yo , who interact mostly with youngsters.*

Number of participants reached: *6*

Age range of participants: 23-27

Aims and objectives of the workshop

- *Developing team work between the participants.*

-Developing cooperation between the participants.

-Using the some of the methods used in my previous Erasmus experience (Georgia 2016)

-Using the nature as a tool for group development.

-Promoting the natural environment to replace the ordinary indoor activities.

Methodologies used

-*Group exercises*

- Group Debriefing

-Group Discussion

Achievements reached

1. *An improved relationship between the members.*

2. Strong communication between human and nature.

3. Leading a group without acting like a leader.

4. A positive feedback from the participants.

Evaluation was done by the following methodologies

Yes, i did.

I created a Whatsapp group where everybody shared their impressions and ideas about the activities done.

I prefer this kind of evaluation, because it was more accessible for everybody. (instead of a questionnaire)

Some comments by participants of local workshop

1. *They liked the activity, and sent me a positive feedback.*

2. They suggested lengthier activities in the future. (our activity took 4 hours)

3. More props for games/activities.

Some pictures of the local workshop



