



LOCAL ACTIVITIES/WORKSHOPS

Stavroula and Maria

Name(s): *Stavroula and Maria*

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Country: *Greece*

Name of the activity: *Local Workshop on Group Development*

Responsible person(s) of the workshop: *Maria and Stavroula*

Venue of the activitie(s): *Campus of the Aristotle University in Thessaloniki*

Brief summary of the activities

1. *Introduction*
2. *Ice-breaking activity (Names and Moves)*
3. *The Knot*
4. *Walking Blindfolded (in pairs)*
5. *Find the Tree Blindfolded 1 (in pairs)*
6. *Find the Tree Blindfolded 2 (group activity)*
7. *Pass the Egg*
8. *Group Reflection and closing*

Possible partnerships with other organizations/persons): *AIESEC of the Aristotle University in Thessaloniki*

Target group of the activity: *Team leaders of AIESEC (local committee in the Aristotle University in Thessaloniki)*

Number of participants reached: *16*

Age range of participants: 18-22

Aims and objectives of the workshop

To strengthen the trust relationships and the processes of communication among the group members

Methodologies used

1. verbal instruction

2. observation

3. group reflection

General context: experiential learning, outdoor activities

Achievements reached

We raised awareness about group dynamics and boosted co-operation skills during group decision-making processing.

Evaluation was done by the following methodologies

After the completion of the activities, there was an oral group reflection, during which we posed questions to the participants.

Some comments by participants of local workshop

The general feedback from the participants was very positive, as they enjoyed the activities and they thought that this kind of activities indeed strengthened team and pair bonding, although they said that they have already known each other, that's why most activities could be conducted quite easily and fast. Some of them would like the activities to more difficult or challenging.

Some pictures of the local workshop





