



## LOCAL ACTIVITIES/WORKSHOPS

Vahan Ghazaryan, Mariam Yevdokimova

**Name(s):** *Vahan Ghazaryan, Mariam Yevdokimova*

**Email:** *vahan.ghazaryan19@gmail.com*

**Country:** *Armenia*

**Name of the activity:** *"We and Nature"*

**Responsible person(s) of the workshop:** *Vahan Ghazaryan, Mariam Yevdokimova, Lamara Afrikyan*

**Venue of the activitie(s):** *TUMO Park, Yerevan*

### **Brief summary of the activities**

*Activities was separated in 3 main groups:*

- ice-breaking and teambuilding activities
- theoretical part: topics discussions related with outdoor education (first-aid, survival methods in the nature, environmental issues).
- simulation games

*After all activities also was organized sum-up activity.*

**Possible partnerships with other organizations/persons):** *N/A*

**Target group of the activity:** *Young people from 16 - 28 (university and high school students, volunteers and interested in workshop topic youngsters). The main target group was the youngsters who hadn't experience in outdoor education and it would be the first steps in this very field.*

**Number of participants reached:** *28*

**Age range of participants:** 16-28

**Aims and objectives of the workshop**

- *to promote outdoor education as an activity in general*
- to increase interest among young people and engage them in outdoor education
- to promote healthy lifestyle
- to make a platform for sharing knowledge in this field
- to empower youth in different aspect of outdoor education

**Methodologies used**

*We used mostly non-formal education methods. As mentioned before during ice-breaking and teambuilding activities we used games like "Cross the river", .... . We organized discussions about environmental issues and used balloons to figure this issues out and to find solutions.*

Also we conducted simulation games, especially 4 different situations where participants had to use their knowledge about first aid which we had discussed before.

**Achievements reached**

- *more improved youth in outdoor education*
- working group who are able to organize events by themselves in cooperation with trainers in this field
- collaboration between students who have different social, cultural, educational backgrounds

**Evaluation was done by the following methodologies**

*Yes, we used focus group methods to collect feedback about our workshop. We wrote down some general feedback on the papers and discuss with participants.*

**Some comments by participants of local workshop**

*"It was very interesting, useful and productive workshop, I've learned lots of new things. I am very thankful to APY volunteers, especially Vahan and Mariam".*

Gohar Bakhshyan, student, 20years.

"I think as many similiar workshops Armenian youth organizes, as more knowledgeable society and protected nature we will have".

Lusine Ohanyan, student, 22years.

## Some pictures of the local workshop



