



LOCAL ACTIVITIES/WORKSHOPS

Vasileios Kokkinos

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Country: *Greece*

Name of the activity: *LTTC in the United States*

Responsible person(s) of the workshop: *Vasileios Kokkinos*

Venue of the activitie(s): *Grand Falls, Arizona, USA*

Brief summary of the activities

On February 25th 2017, fourteen participants from four continents and specifically from Japan, Ecuador, Greece, Saudi Arabia, Indonesia, Mexico and the United States met in Arizona,

USA and went hiking all together. Beginning from Flagstaff, they had a 45 minute ride by car to Arizona's Grand Falls where they hiked for three hours. The view of the falls was spectacular and

the ice between participants broke immediately as they were all very excited about the scenery. Walking down steep paths, participants' collaboration was necessary in order for all the team

members to reach the bottom of the falls and ultimately, they established excellent communication between them. When the hiking was over, participants that were strangers before,

reflected and realized that within minutes they established a trust relationship between them. Also, participants had the opportunity to step out of their comfort zone not only physically but mentally too as many of them were not native English speakers. Therefore they had to collaborate in a different language.

Possible partnerships with other organizations/persons): *I partnered with Haylee*

Fox, a local youth worker who could help to find and reach the venue.

Target group of the activity: *Young people aged between 18 and 25 years old who are not comfortable with outdoor activities, having not English as their first language.*

Number of participants reached: 14

Age range of participants: 5 - 52 averaging to 24

Aims and objectives of the workshop

Bringing strangers together and making them understand each other in a short period of time using non-typical learning tools.

Methodologies used

The participants purposely guided through a very steep and challenging path so their collaboration was essential in order to reach their goal.

Achievements reached

Built strong relationships between people that they did not know each other before the activity.

Had fun.

Made the participants realize that trust does not require always long time to be built.

Evaluation was done by the following methodologies

The evaluation was designed to make the participants reflect as a group, so it took place verbally.

Some comments by participants of local workshop

"The activity was fun"

"At first I thought I would die but with my friend's help we made it"

"I wish I could do that every day"

"Today I made new friends"

Some pictures of the local workshop





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